

OUR LADY QUEEN OF PEACE R.C. PRIMARY SCHOOL



In our school we believe that each person is unique and created to flourish in God's image.

We aspire to excellence through a nurturing environment in which every child takes Jesus Christ as their model and develops their individual gifts so that they live fully and serve others.

## Intimate Care Policy

Agreed:

Date: 5.6.19

Review Date: Summer Term 2021

## **INTRODUCTION**

- 1.1 The issue of intimate care is a difficult one and requires staff to be respectful of children's needs.
- 1.2 All children requiring intimate care will have a Care Plan drawn up collaboratively by parents, health professionals and school staff. The child will be included as is appropriate to their developmental stage.
- 1.3 Intimate care can be defined as care tasks of an intimate nature, associated with bodily functions, body products and personal hygiene which demand direct or indirect contact with or exposure of the genitals. Examples include care associated with continence and menstrual management as well as more ordinary tasks such as help with washing or bathing. When a child requires cleaning of intimate areas, two members of staff will be present.
- 1.4 Children's dignity will be preserved and a high level of privacy, choice and control will be provided to them. Staff who provide intimate care to children have a high awareness of child protection issues. Staff behaviour is open to scrutiny and staff within Our Lady Queen of Peace RCVA Primary School work in partnership with parents/carers to provide continuity of care to children wherever possible.
- 1.5 Staff deliver a full personal safety curriculum, as part of Personal, Social and Health Education, to all children as appropriate to their developmental level and degree of understanding. This work is shared with parents who are encouraged to reinforce the personal safety messages within the home.
- 1.6 Our Lady Queen of Peace RCVA Primary School is committed to ensuring that all staff responsible for the intimate care of children will undertake their duties in a professional manner at all times. Our Lady Queen of Peace RCVA Primary School recognises that there is a need to treat all children with respect when intimate care is given. No child should be attended to in a way that causes distress or pain.

## **2.0 OUR APPROACH TO BEST PRACTICE**

- 2.1 All children who require intimate care are treated respectfully at all times; the child's welfare and dignity is of paramount importance.
- 2.2 Staff who provide intimate care will be trained to do so as required (including Child Protection and Health and Safety training in moving and handling) and will be fully aware of best practice. Apparatus will be provided to assist with children who need special arrangements following assessment from physiotherapist/ occupational therapist as required.
- 2.3 Staff will be supported to adapt their practice in relation to the needs of individual children taking into account developmental changes such as the onset of puberty and menstruation. Wherever possible staff who are involved in the intimate care of children will not usually be involved with the delivery of sex and relationship education to their children as an additional safeguard to both staff and children involved.
- 2.4 There is careful communication with each child who needs help with intimate care in line with their preferred means of communication (verbal, symbolic, etc.) to discuss the child's needs and preferences. The child is aware of each procedure that is carried out and the reasons for it.
- 2.5 As a basic principle children will be supported to achieve the highest level of independence that is possible given their age and abilities. Staff will encourage each child to do as much for themselves as they can. This may mean, for example, giving the child responsibility for washing themselves. Individual intimate care plans will be drawn up for particular children as appropriate to suit the circumstances of the child. These plans include a full risk assessment to address issues such as moving and handling, personal safety of the child and of the carer and health.

- 2.6 Each child's right to privacy will be respected. Careful consideration will be given to each child's situation to determine how many carers might need to be present when a child needs help with intimate care but at least two carers will be present.
- 2.8 Parents/carers will be involved with their child's intimate care arrangements on a regular basis; a clear account of the agreed arrangements will be recorded on the child's care plan. The needs and wishes of children and parents will be carefully considered alongside any possible constraints; e.g. staffing and equal opportunities legislation.
- 2.9 Each child/young person will have an assigned senior member of staff to act as an advocate to whom they will be able to communicate any issues or concerns that they may have about the quality of care they receive.

### **3.0 THE PROTECTION OF CHILDREN**

- 3.1 All safeguarding and child protection procedures will be adhered to by all members of staff.
- 3.2 Where appropriate, all children will be taught personal safety skills carefully matched to their level of development and understanding.
- 3.3 If a member of staff has any concerns about physical changes in a child's presentation, e.g. marks, bruises, soreness etc. s/he will immediately report concerns to the designated person for safeguarding. A clear record of the concern will be completed and referred to social care and/or the police if necessary. Parents will be asked for their consent or informed that a referral is necessary prior to it being made unless doing so is likely to place the child at greater risk of harm.
- 3.4 If a child becomes distressed or unhappy about being cared for by a particular member of staff, the matter will be looked into and outcomes recorded. Parents/carers will be contacted at the earliest opportunity as part of this process in order to reach a resolution. Staffing schedules will be altered until the issue(s) are resolved so that the child's needs remain paramount. Further advice will be taken from outside agencies if necessary.

If a child makes an allegation against a member of staff, all necessary procedures will be followed

- The governors and staff are committed to providing the full range of opportunities for all pupils, regardless of gender, disability, ethnicity, social, cultural or religious background. All pupils have access to the curriculum, and the right to a learning environment, which dispels ignorance, prejudice or stereotyping.
- This policy has been impact assessed by governors in order to ensure that it does not have an adverse effect on race, gender or disability equality.

[UNICEF: Rights of the Child](#)

[Article 3](#)

The best interests of the child must be top priority in all decisions and actions that affect children.

[UNICEF: Rights of the Child](#)

[Article 6](#)

Every child has the right to develop to their full potential.

[UNICEF: Rights of the Child](#)

[Article 12](#)

Every child has the right to express their views, feelings and wishes and to have them considered and taken seriously.

[UNICEF: Rights of the Child](#)

[Article 13](#)

Every child must be free to express their thoughts and opinions and to access all kinds of information as long as it is within the law.

[UNICEF: Rights of the Child](#)

[Article 19](#)

Every child has the right to be protected from all forms of violence, abuse, neglect and bad treatment.

[UNICEF: Rights of the Child](#)

[Article 23](#)

A child with a disability has the right to live a full and decent life with dignity and independence and to play an active part in the community.

[UNICEF: Rights of the Child](#)

[Article 24](#)

Every child has the right to the best possible health.

[UNICEF: Rights of the Child](#)

[Article 29](#)

Education must develop every child's personality, talents and abilities to the full. It must encourage the child's respect for human rights, their own and others' cultures and the environment.